

IS YOUR EATING OVERWHELMING YOU?



Do you worry about the way you eat? Overeaters Anonymous may be able to help. We are not a "diet" club, but a fellowship of people recovering from compulsive overeating. There are no dues, fees, diets, or weigh-ins. OA offers mutual support and a way out of the vicious cycle of compulsive eating. Whatever your problem with food, we welcome anyone who wants to stop eating compulsively. You are not alone anymore!

To find a meeting nearby, visit oabroward.org or OA.org or call **954-938-9586**

Overeaters Anonymous

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